Southwest Oklahoma Amputee Program



S. O. A. P.

Losing a limb is life-changing, but not life limiting.

SOUTHWEST OKLAHOMA AMPUTEE PROGRAM

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Welcome to the Southwest Oklahoma Amputee Program, S.O.A.P.

This introductory packet is designed to assist you in finding resources and supportive peer amputees to help you and your family in your journey as a new amputee.

We want to provide you with information, resources, and opportunities available in the Southwest Oklahoma area.

When you are ready to explore your community resources, we hope this packet will help you design a plan unique to your needs.

The Southwest Oklahoma Amputee Program S.O.A.P. meets the third Thursday of each month at 4:00 P. M. in the Jim Thorp Rehab Services Day Room. Located at Comanche County Memorial Hospital, (CCMH) 3201 West Gore BLVD., Lawton, OK 73505.

*CCMH is not associated with S.O.A.P. All meetings are open to the public and anyone interested in amputee issues are welcome.

Valet parking is available

MISSION

The mission of the Southwest Oklahoma Amputee Program, SOAP, is to encourage, motivate, and educate amputees and their caregiver team through emotional support, providing prosthetic intervention information, and sharing resources towards improving quality of life.

VISION

Losing a limb is life-changing, but not life limiting.

CONTACTS

Please feel free to contact any of the amputees listed below by phone or email.

RhondaAnderson-580-353-9414, Amputee email: okladyluck@aol.com

Jim Hanna-580-595-0476, Amputee

PeggyLilley-580-574-3499, Amputee

Email: lilleypad43@yahoo.com

Kay Love-580-536-1650 amputee Email: klove447@att.net

Rehabilitation (Physical Therapy) Programs

Comanche County Memorial Hospital, Jim Thorpe Rehabilitation Program

3201 West Gore BLVD., Lawton, OK 73505

Phone: (580) 250-5385

INTEGRIS Jim Thorpe Rehabilitation, Amputee Rehabilitation-Jim Thorpe

4219 S. Western, Oklahoma City, OK Phone: (405) 644-5200

www.integrisok.com/jim-thorperehabilitation-oklahoma-city-amputation

Redbud Occupational & Physical Therapy

916 SW 38th St., Lawton, Oklahoma 73505 Phone: (580) 353-1490

Duncan Regional Hospital, Rehabilitation

Duncanregional.com/rehabilitation 2000 W Elk Ave, Duncan, OK 73533 Phone: (580) 2518460

Southwestern Medical Center

Rehabilitation Services, 5606 SW Lee Blvd, Lawton, Oklahoma 73505 Phone: (580) 531-4704

Wound Care Centers

Comanche County Memorial Hospital, Wound Care & Hypobaric Medicine

2716 w Gore Blvd. Suite C, Lawton, Oklahoma 73505 Phone: (580) 357-3280

Southwestern Medical Center, Wound Care and Hyperbaric Medicine

5606 SW Lee Blvd. 103, Lawton, Oklahoma 73505

Phone: (580) 531-6441

Home Health Care Programs

Angel's Care Home Health

4645 W. Gore Blvd. Suite C, Lawton, Oklahoma 73505 Phone (588) 248-0777 Open M-F

Aspire Home Care

7205 W. Gore Blvd., Lawton, Oklahoma 73505

Phone: (855) 527-7473 Open: M-F

Comanche County Memorial Hospital -Home Health

12 NW Sheridan Rd., Lawton, Oklahoma 73505

Phone: (580) 585-5575/800-522- 0104 Open: M-F

Department of Rehabilitative Services, (DRS)

Vocational Rehabilitation, 1802 NW Ferris Ave., Lawton, Oklahoma 73505 www.drs.ok.gov Phone: (580) 585-4100 Assists individuals with disabilities by providing prosthetic care along with training and placement to go to work.

Southwestern Home Health

1908 East Gore Blvd., Lawton, Oklahoma 73501

Phone: (580) 248-7060

Counseling Services

Grief, anger and fear are just a few of the emotions dealing with life changes after an amputation. Often, a professional counselor can help with the adjustment. Asking for help is one of the first steps to emotional healing. There are several professional counselors in the Lawton area from which to choose. Conduct an Internet search to find a counselor or ask your doctor for a recommendation.

Volunteer Programs

Below is a list of nonprofit organizations to help you find resources available. This is only a partial list of volunteer organizations, but it may help you begin your search for resources.

Some of these organizations may be able to help by installing ramps and other devices to assist with making your home more accessible.

Amputee Coalition

www.amputee-coalition.org

This is a national organization providing information, resources, videos, and peer counseling for amputees and their families.

Courageous Amputees Support Group Jim Thorpe Rehabilitation Center, Integris Medical Center

www.Integresok.org

4219 S. Western, Oklahoma City, Oklahoma 73120Phone: (405) 644-5200

Great Plains Ambucs

www.greatplainsambucs.org

P.O. Box 125

Lawton, Oklahoma 73502

Phone: Mark Glenns (580) 512-0313

Lawton Ambucs

www.lawtonambucs.org

P. O. Box 242, Lawton, Oklahoma 73502 Phone: (580) 250-6742

Mountain Metro Ambucs

P. O. Box 44, Lawton, Oklahoma 73502 Phone: (580) 595-0884

Limbs for Life Foundation

www.limbsforlife.org 9604 N. May Ave.

Oklahoma City, Oklahoma 73120

Phone: (405) 843-5123

Functional prosthetic care for those who cannot afford it.

National Amputation Foundation

www.nationalamputation.org

This is a national organization for amputees and their families.

Wiggle Your Toes

www.wiggleyourtoes.org
This is a national organization and designed
to provide amputees with funds and
resources to improve quality of life.

Prosthetic Facilities

Below is a partial list of prosthetic facilities in 'Central and Southwest Oklahoma. While this is not a complete list, it may help you get started with your search.

Ardmore:

Hanger Clinic Prosthetics & Orthotics,

1109 Walnut Dr. Suite A, Ardmore, OK 73401

Phone: (580) 226-7900

Duncan:

Dream Team Prosthetics, LLC

www.dreamteamprosthetics.com 7111 Nix Drive, Duncan, OK 73533 Phone: (580) 255-2100

Lawton:

Lawton Brace& Limb Co., Inc.,

2724 W. Gore Blvd., Lawton Oklahoma 73505

LADON Systems www.ladonsys.com/lbl

Phone: Toll Free: (877) 523-3366 (580) 353-5525

Tony Layton Clinic

15 SW B Ave., Lawton, Oklahoma 73501 Phone: (580) 353-8885

Texoma Orthotics & Prosthetics

www.texomaoandp.com 1915 W Gore Blvd, Lawton, OK 73501 Phone: (580) 699-8690

Oklahoma City:

Celerity Orthotics and Prosthetics

www.celerityprosthetics.com 937 SW. 89th St., Oklahoma City, Oklahoma 73134 Phone: (405) 605-3030 Open: M-F

Hanger Clinic Orthotics & Prosthetics

4207 West Memorial Rd. Oklahoma City, OK 73134

Phone: Toll free (877) 4HANGER (405) 525-4000

Lafuentes Prosthetics

1116 N. Robinson Ave., Oklahoma City, Oklahoma 73103 www.lafuenteprosthetics.com Phone: (405) 236-2882

Limbs for Life Foundation

www.Limbsforlife.org 9604 N. May Ave., Oklahoma City, Oklahoma 73120 Phone: (405) 843-5123

Partners located in Oklahoma City for those who cannot afford prosthetic care.

Scott Sabolich Prosthetics

www.scottsabolich.com 10201 N. Broadway, Oklahoma City, OK 73 Phone Toll Free: (877) 226-5424, (405) 841-6800

University of Oklahoma Health Sciences Center Orthotics & Prosthetics Section Children's Hospital, Physicians Building

Phone: (405) 271-4700

United States Department of Veterans Affairs Prosthetics Orthotics Clinic

Yukon:

Patriot Prosthetics & Orthotics Inc.

www.patriotprosthetics.com 1804 Commons Circle Suite A, Yukon, Oklahoma 73099

Phone: (405) 577-6778, (405) 577-6799

Transportation Services

Comanche Nation Transit

P. O. Box 908, Lawton, Oklahoma 73502 Phone: (580) 492-3389

Serves the communities of: Lawton, Apache, Cache, Cyril, Elgin, Fletcher

Lawton Area Transit Systems LATS

609 SW Bishop Rd., Lawton, Oklahoma 73501

Paratransit available.

Phone: (580) 248-5252

Red River Transportation Services,

11010 Oklahoma 7, Duncan, Oklahoma 73533

Duncan area: Phone: (580) 255-7883

Red River Transportation Department

105 S Main St. Fredrick, Oklahoma 73542 Fredrick area:

Phone: (580) 335-2691

Red River Public Transportation Service-Rural

Brent Morey Executive Director P. O. Box 989, Fredrick, Oklahoma 73542 Phone: (580) 335-5588

Special Thanks:

Comanche County Memorial Hospital Rehab - for allowing S.O.A.P. a meeting place.

Texoma Orthotics & Prosthetics – for assistance with preparation & design of this brochure.